

# Datblygu arferion da o ran datblygu cymunedol a hynny trwy hyfforddiant



# Developing community development practice through training

Enw'r cwrs:

## CYFLWYNIAD I DDATBLYGU CYMUNEDOL

### Crynodeb:

Mae'r cwrs hwn wedi ei anelu at oedolion o'r un gymuned sydd â diddordeb datblygu prosiectau a fydd yn newid eu cymuned trwy ddarganfod atebion i broblemau lleol sy'n codi yn sgil tloedi, diffyg cyfle cyfartal a diffyg dylanwad.

### Y pynciau dan sylw:

- ☞ Ymchwil cymunedol a dadansoddiad: awdit cymunedol
- ☞ Ymchwil cymunedol a dadansoddiad: proffil cymunedol
- ☞ Ymchwil cymunedol a dadansoddiad: gwerthusiad cymunedol
- ☞ Ymchwil cymunedol a dadansoddiad: Dadansoddi anghenion cymunedol
- ☞ Datblygu cymuned – athroniaeth ac ymarfer
- ☞ Technegau datblygu cymuned: cyfranogiad
- ☞ Datblygu cymuned: gweithio gyda'n gilydd
- ☞ Datblygu cymuned yn ymarferol
- ☞ Sgiliau datblygu cymuned: cyfathrebu ac adlewyrchu
- ☞ Sgiliau datblygu cymuned: datblygu eraill ac eiriolaeth
- ☞ Sgiliau datblygu cymuned: hwyluso, arweiniad a gwrthdaro
- ☞ Sgiliau datblygu cymuned: cynllunio a gweithredu

### Arddull:

Caiff y grŵp gyfle i ymweld â phrosiectau eraill a datblygu eu prosiect eu hunain yn eu cymuned eu hunain. Byddant yn datblygu portffolio waith trwy daflenni tasgau a gaiff ei llenwi yn y sesiwn.

Nifer yr wythnosau: 36  
Oriau bob wythnos: 3  
Maint y grŵp: 8-10

Achrediad:  
Rhwydwaith y Coleg Agored

Name of course:

## INTRODUCTION TO COMMUNITY DEVELOPMENT

### Summary:

This course is aimed at groups of adults from the same community who are interested in developing projects that will change their community by finding solutions to local issues brought about by the effects of poverty, lack of equal opportunities and lack of influence.

### Topics covered:

- ☞ Community research and analysis: community audit
- ☞ Community research and analysis: community profile
- ☞ Community research and analysis: community appraisal
- ☞ Community research and analysis: community needs analysis
- ☞ Community development theory and practice
- ☞ Community development techniques: participation
- ☞ Community development: working together
- ☞ Community development in practice
- ☞ Community development skills: communication and reflection
- ☞ Community development skills: developing others and advocacy
- ☞ Community development skills: facilitation, leadership and conflict
- ☞ Community development skills: planning and implementation

### Style:

The group gets a chance to visit other projects and also develop their own project within their own community. They develop a portfolio of work through task sheets completed in the session.

Number of weeks: 36  
Hours per week: 3  
Size of group: 8-10

Accreditation:  
Open College Network